

# vision is more than 20/20!

If your child or someone you know has difficulty reading or learning, chances are they may have an undiagnosed vision related learning problem. Visual wellness evaluations help determine the best course of action.

*"I always had trouble in school and things were harder for me than every one else. I couldn't ride my bike like all the other kids my age and I knew I was different.*

*When I started 3rd grade my teachers realized my eyes were jumping and sent me to a specialist. We finally figured out my problem. I needed vision therapy.*

*I worked very hard and after 3 months of therapy, I could ride my bike. After 6 months I was able to track and read much better. And now I'm getting A's and one B and I'm reading at my own grade level.*

*Thank you so much for everything."*

*Love, Austin*

## About our practice

We are a family owned and operated business and focus solely on the specialty area of functional vision. We provide only vision therapy and vision rehabilitation programs which lets us focus our efforts on delivering a well-rounded, full scope of functional and developmental vision care.

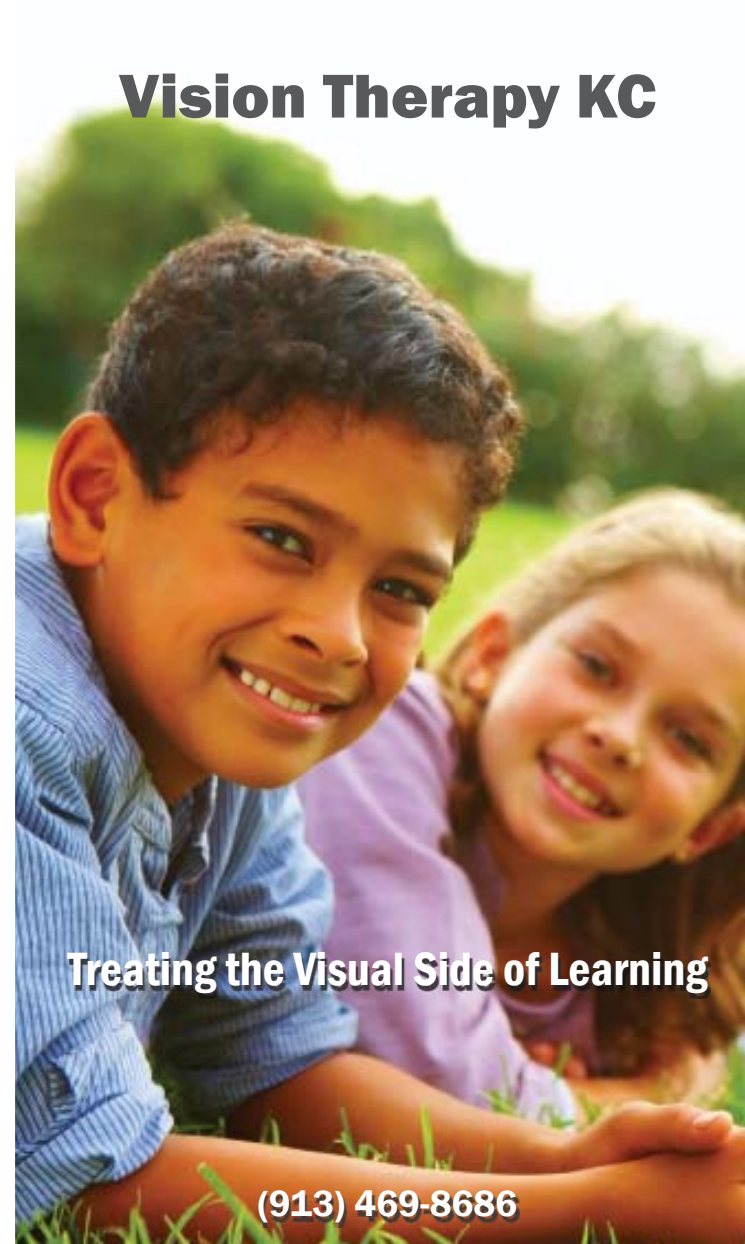
Each program of therapy is designed around the patient's and/or family's needs and abilities to commit to a course of treatment. Treatment programs through vision therapy for all ages include learning-related vision problems, developmental delays, strabismus, amblyopia, sports coordination, traumatic brain injury, stroke and permanent vision loss.

Our programs are designed to treat the "whole" person, which include visual-motor activities, peripheral expansion, visualization, primitive reflexes and syntonics.

## Free Evaluations

The evaluation process lasts approximately 90 minutes and is followed by a separate consultation. During the consultation, the results of the evaluation will be discussed, along with any recommendations for treatment.

# Vision Therapy KC



Treating the Visual Side of Learning

(913) 469-8686

Call 913-469-8686 for a free assessment  
or visit [www.VisionTherapyKC.com](http://www.VisionTherapyKC.com).

vision  
therapy kc

[www.visiontherapykc.com](http://www.visiontherapykc.com)

## There's More to Healthy Vision Than Meets the Eye

While most people believe that good vision means having 20/20 acuity, or seeing cleaning in the distance, vision – how the brain and the eyes work together – has a tremendous impact on the learning process for both children and adults.

Many children and adults do not realize that their struggles in the classroom and/or workplace are in no way linked to intelligence or how hard they are trying. Instead, they may not be able to visually process the information put before them. Unfortunately, most school screenings check for visual acuity along and do not screen for visual skills including tracking, focusing, eye teaming or perceptual skills.

Not knowing the cause of classroom, and later adult life skill problems, can have a detrimental affect on self-esteem and behavior. Many children labeled with classroom problems can grow into troubled teens and eventually struggling adults if their visual problems are not diagnosed and treated. One out of four children and seven out of ten juvenile delinquents have an undiagnosed vision disorder that is interfering with their ability to achieve.

## How Vision Therapy Can Help

Vision therapy is a progressive method of retraining the eyes and brain to work together. During vision therapy, a vision therapist works with the patient through a series of exercises to build new eye coordination skills. The final result is that both eyes are tracking and working together as a team.

With proper diagnosis and treatment, reading levels improve significantly, comprehension increases, and even sports performance can improve.



## Visual Skills Needed for Learning

**Tracking skills:** The ability of the eyes to simultaneously and smoothly follow words on a page or moving objects in space.

**Eye teaming:** The ability of both eyes to point at the same object at the same time.

**Focusing:** The ability to look quickly from distance to near or near to distance without experiencing blurry vision.

**Perceptual skills:** Visual memory, visual discrimination, spatial relationships, visual closure, visual/auditory discrimination, visual motor integration, directionality, laterality and bi-laterality are all perceptual skills.

## Symptoms to check for:

Any of the following symptoms may indicate a functional vision problem. Do you or your child:

1. Skip lines while reading or copying.
2. Lose your place while reading or copying.
3. Skip words while reading or copying.
4. Substitute words while reading or copying.
5. Reread words or lines.
6. Reverse letters, numbers or words.
7. Use a finger or marker to keep place while reading.
8. Read very slowly.
9. Have poor reading comprehension (unless read to).
10. Have difficulty remembering what was read.
11. Hold your head too close when reading/writing (within 7 – 8 inches).
12. Squint, close or cover one eye while reading.
13. Have unusual posture/head tilt when reading/writing.
14. Have headaches after intense reading/computer work.
15. Have eyes that hurt or feel tired after close work.
16. Feel unusually tired after completing a visual task.
17. Have double vision.
18. Distance vision blurs when looking up from near work.
19. Notice that letters or lines run together or words jump.
20. Notice that print seems to move or go in or out of focus.
21. Have poor spelling skills.
22. Have crooked/poorly spaced writing.

23. Misalign letters or numbers.
24. Make errors copying.
25. Have difficulty tracking moving objects.
26. Notice unusual clumsiness or poor coordination.
27. Have difficulty with sports involving good hand-eye coordination.
28. Have an eye that turns in our out.
29. See more clearly with one eye than the other.
30. Feel sleepy while reading.
31. Dislike tasks requiring sustained concentration.
32. Avoid near tasks such as reading.
33. Confuse right and left directions.
34. Become restless when working at a desk.
35. Tend to lose awareness of surroundings when concentrating.
36. Find you must feel things to see them.
37. Experience car sickness.
38. Experience unusual blinking.
39. Experience unusual eye rubbing.
40. Experience dry eyes.
41. Experience watery eyes.
42. Experience red eyes.
43. Have eyes that are bothered by light.

## Scoring

3 points for items 1 – 30

2 points for items 31 – 37

1 point for items 38 – 43

## Scoring Criteria

15 – 20: Possible functional vision problem

21 – 30: Probable functional vision problems

Over 30: Definite functional vision problems

15+ points: Call or e-mail Vision Therapy KC for a FREE functional vision evaluation.

## Additional Information

Please visit our website for more information, helpful links, success stories and resources, such as videos and sample activities.